

Improving outcomes and quality of life for your patients with heart failure

- Heart Failure is the **leading cause of hospitalization** for the elderly in Canada⁵
- **Heart Failure patients generally stay longer in hospital**, contributing significantly to Alternative Level of Care (ALC) days²
- Heart failure costs the healthcare system over **\$2.8 billion per year**¹
- Five years after a heart failure diagnosis, **less than 40% of patients are still alive**⁶⁻⁷



How does Heart Failure increase likelihood of falls:

- Fluid buildup in the lower extremities
- Shortness of breath may result in breathlessness & dizziness
- Extreme levels of fatigue may lead to decreased attentiveness, poor footing & loss of balance
- Nocturia – taking diuretic medication
- Certain medications

How can Lifeline help your patients?

- **Access to help:** Heart failure and heart disease can create emergencies without warning. *GoSafe offers unmatched location technology, proven fall detection and two-way voice communications, all in a mobile pendant that doesn't require a landline.*
- **Information:** Philips Lifeline's **Heart Failure - self management tips** flyer is available for free download or orders. www.lifeline.ca/publications

“Your service has been a real life saver – literally. My mother had 2 bouts of congestive heart failure: One before your service which led to getting it and one after.

In the first case, she couldn't get to the phone for over a day and almost died. In the second case, she pushed the button and had aid in less than ten minutes.

Thank you for the great job that you do.”

Allan – caregiver in NB



PHILIPS
Lifeline

Fact: Heart failure is on the rise. As people with damaged hearts are living longer, they become more susceptible to heart failure.

600,000

Canadians live with heart failure¹

Each patient stays in hospital for about

H 8 days¹

23%

of Canadians think

heart failure

is another term for

heart attack²

6% of

Lifeline subscribers live with heart failure³

1 in 5

Canadians will develop heart failure¹

50,000

NEW CASES

ARE DIAGNOSED

EVERY YEAR¹

Heart failure costs the Canadian health-care system

\$2.8

billion annually¹

30%

of heart failure patients

experience depression¹

1 in 5

Heart failure patients end up **back in hospital** within 30 days¹



heart failure patients have

long and frequent hospital stays¹

59% of Canadians **mistakenly think** there is a cure for heart failure²

¹ Heart & Stroke Foundation of Canada

² Vision Critical, Heart Failure Research, August 21, 2015

³ Philips Lifeline internal data

⁴ Lifeline may not always be able to determine your location. Certain limitations subject to third party cellular provider availability and coverage. Signal range may vary.

⁵ Dai S., Walsh P., Wielgosz A., Gurevich Y., Bancej C., & Morrison H. (2012). Comorbidities and mortality associated with hospitalized heart failure in Canada.

⁶ Stewart S, MacIntyre K, Hole DJ, et al. More 'malignant' than cancer? Five-year survival following a first admission for heart failure.

⁷ Ho KKL, Pinsky JL, Kannel WB. The epidemiology of heart failure: The Framingham Study.

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www.lifeline.ca